



MAKE A MASK & SUPPORT A *#wholecommunity*

MATERIALS

- Cotton fabric. The use of tightly-woven cotton fabric on both sides is recommended, to ensure masks are as durable and effective as possible.
- Rope Elastic, beading cord elastic, or 1/8" flat elastic.

DIRECTIONS

1. Cut two 9"x6" fabric pieces.
2. Cut the elastic 7" long and tie a knot at each end (DO NOT knot the ends of the flat)
3. Put right sides of cotton fabric together. Be sure any design on the fabric is placed horizontally.
4. Starting at the center of the bottom edge, sew to the first corner, stop. Sew the elastic with the edge out into the corner. A few stitches forward and back will hold this.
5. Sew to the next corner, stop, and bring the other end of the same elastic to the corner and sew a few stitches forward and back.
6. Now sew across that top of the mask to the next corner. Again put an elastic with the edge out.
7. Sew to the next corner and sew in the other end of the same elastic.
8. Sew across the bottom leaving about 1.5" to 2" open. Stop, cut the thread. Turn inside out.
9. Pin 3 tucks on each side of the mask. Make sure the tucks are the same direction
10. Sew around the edge of the mask twice.