

# HOW TO ACCESS ONLINE APPOINTMENTS

## ONCE YOU HAVE SET UP A VIDEO APPOINTMENT:

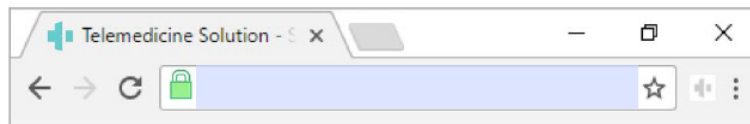
- You will be sent a link to your appointment in your email or text message from your provider.
- If you do not have that link, you can access your appointment by going to our website, [www.cascadiabhc.org/online](http://www.cascadiabhc.org/online), and clicking on the “I have a Doxy Appointment” button



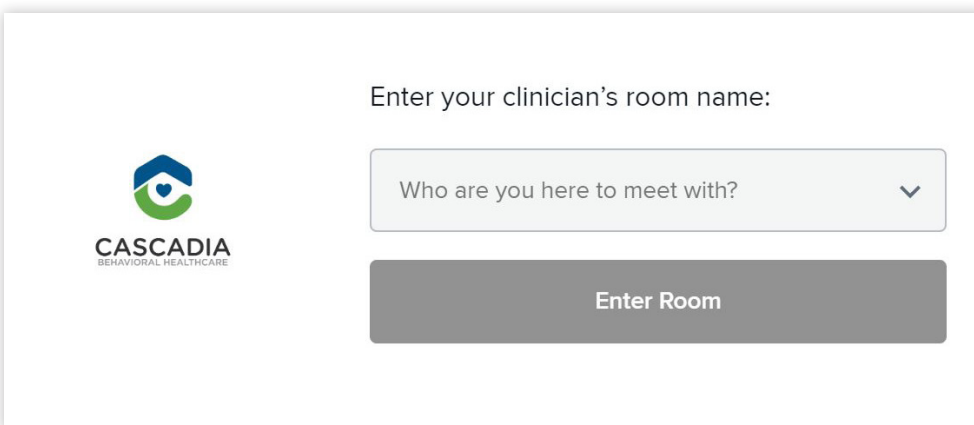
I HAVE A DOXY APPOINTMENT

## BEFORE YOU START:

1. Make sure you have a computer or phone that has a video camera and microphone, and that you are connected to a strong wifi network.
  - If not, please call the health center to schedule an in-person appointment.
2. Click on the link in your email or text message a few minutes before your appointment.
  - You can also copy and paste the link into your computer or smart phone's web browser.
  - Enter Cascadia's doxy.me address (<https://cascadiabhc.doxy.me/>)



- Select your provider's name from the drop down box, “Who are you here to meet with?” to choose the person you have an appointment with.
- If you do not see the provider you are meeting with on the list, you may need to scroll down the list to find them.

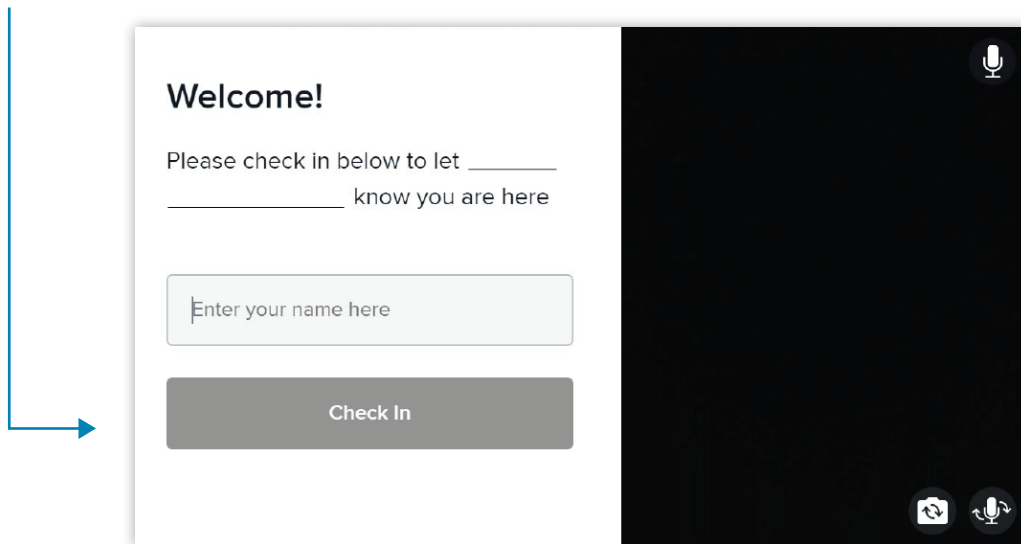


- Click the “Enter Room” button.

[more >>](#)

## BEFORE YOU START (CONTINUED):

3. You are now in your provider's virtual waiting room. Please enter your name in the textbox.
4. Click the "Check-In" button.



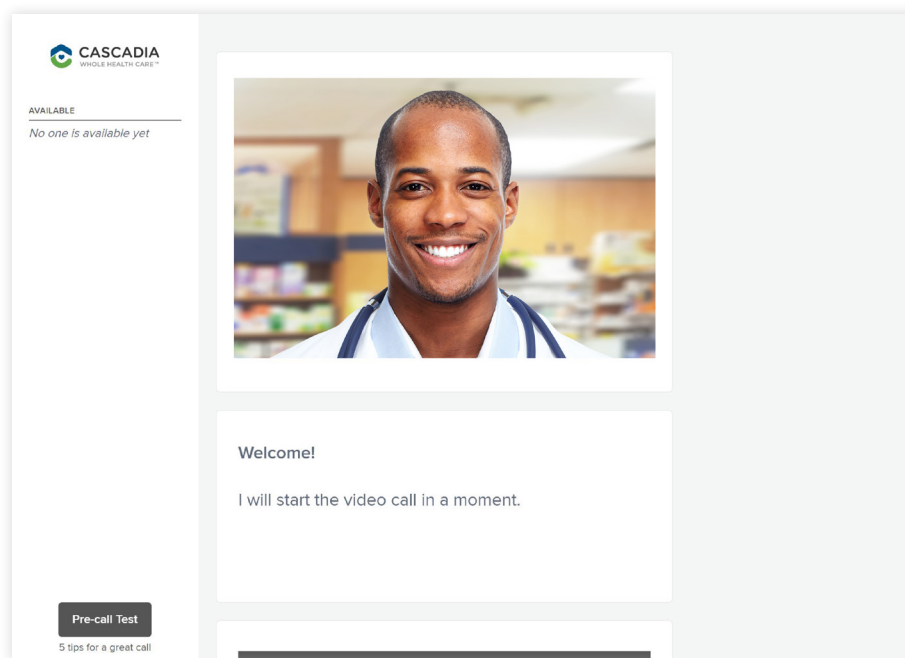
**Welcome!**

Please check in below to let \_\_\_\_\_  
\_\_\_\_\_ know you are here

Enter your name here

Check In

5. You will be asked to give access to your computer's camera to allow a video call. Please click the "Enable Camera" button.
6. Your computer may also ask you to give permission to use the camera and microphone. Please allow this in any windows that pop up.
7. You are now ready for your video appointment! You may need to wait for a few minutes before your provider starts the appointment.



If you have any difficulties accessing your video appointment, please call your health center directly.  
Clackamas (503) 303-4000 | Garlington (503)283-3763 | Plaza (503) 230-9654 | Woodland Park (503) 253-6754