

CONVERSATIONS ON AGING: LET'S TALK

SCHEDULE

JULY 2022

UPCOMING EVENTS

DATE	TIME	TOPIC	LOCATION	IN PERSON / VIRTUAL
7/7 Thu	1-2:30p	Grief and Loss	Hollywood Senior Center 1820 NE 40th Ave. Portland	In-Person
7/8 Fri	10a- noon	Resilience: Bouncing Back	Milwaukie Community Center 5440 SE Kellogg Creek Drive Milwaukie	In-Person
7/13 Wed	2-3p	New Wisdom/Life Lessons	Westmoreland's Union Manor 6404 SE 23rd Ave. Portland	In-Person
7/21 Thu	2pm	Creating Home as We Age	Juanita Pohl Center 8513 SW Tualatin Road Tualatin	In-Person
7/27 Wed	1-2:30p	July – Flying Solo as a Senior	Hollywood Senior Center 1820 NE 40th Ave. Portland	In-Person

CONVERSATIONS ON AGING SCHEDULE - FALL/WINTER 2021

CANBY ADULT CENTER - 1250 S IVY ST., CANBY, 97013

DATE	TIME	TOPIC	HOW TO REGISTER	IN PERSON / VIRTUAL
9/29 Wed	1-2:30p	Forgetfulness	To sign up, email caccs@canby.com or call 503-266-2970	Virtual
10/27 Wed	1-2:30p	Holiday Wellness	To sign up, email caccsc@canby.com or call 503-266-2970	Virtual
11/24 Wed	1-2:30p	The Importance as We Age	To sign up, email caccs@canby.com or call 503-266-2970	Virtual
12/29 Wed	1-2:30p	The Importance as We Age	To sign up, email caccs@canby.com or call 503-266-2970	Virtual

LAKE OSWEGO ADULT COMMUNITY CENTER – 505 G AVE. LAKE OSWEGO, 97034

DATE	TIME	TOPIC	HOW TO REGISTER	IN PERSON / VIRTUAL
9/9 Thu	1-2:30p	Engaging with Adult Children	Call 503-675-2549, email loparks@ci.oswego.or.us or register online .	Virtual
9/23 Thu	1-2:30p	Friendships as You Age	Call 503-675-2549, email loparks@ci.oswego.or.us or register online .	Virtual
10/7 Thu	1-2:30p	Creating Home as You Age	Call 503-675-2549, email loparks@ci.oswego.or.us or register online .	Virtual
10/21 Thu	1-2:30p	Giving Up the Keys	Call 503-675-2549 or email loparks@ci.oswego.or.us or register online .	Virtual