



Board of Directors Job Description



Cascadia Health delivers health care for the whole person, including mental health and addiction services, medical care, and housing. Cascadia supports our communities and provides hope and wellbeing for all the people we serve.

Who we are looking for:

- People who use Cascadia Health's services or who have a dependent family member who uses Cascadia services.
- People who work in professions like health care, finance, technology, law and marketing.
- People who know others in the community who might be interested in helping Cascadia by volunteering or donating time or money.
- People who are interested in telling others about Cascadia's vision to provide health care and hope for the whole person.

What do board members do?

- People on the Cascadia Board of Directors have a fiscal and ethical responsibility for all of Cascadia's work.
- They provide guidance to Cascadia leadership about services and operations.
 - For example, the Board of Directors:
 - Helps Cascadia decide how to fulfill their mission through short-term and long-term planning.
 - Approves an annual budget and monitors the budget monthly.
 - Helps find and orient new Board Members.
 - Hires the Chief Executive Officer (CEO) when needed and helps evaluate their performance.
 - Helps to determine if Cascadia is meeting short-term and long-term goals.
 - Reviews policies and reports related to the management of Cascadia's operations.

EXPECTATIONS



What is expected from each Board Member?

- Understand and support Cascadia's mission.
- Understand Cascadia's programs, policies, and operations.
- Attend board meetings and committee meetings, for a minimum time commitment of 3-4 hours monthly.
- Review the agenda and documents before the meetings.
- Attend fund raising activities and special events.
- Understand and follow all conflict of interest policies.
- Understand and follow all confidentiality policies.

How much time is involved?

- New Board Member orientation takes 3-4 hours, one time only.
- New Board Members may meet with a Board Mentor for an hour a week for several months after joining the Board.
- The Board meets no more than once a month for up to two hours. Board Members need to come to a minimum number of Board meetings, 9 out of 12.
- Board Members participate in committee work of 1-2 hours a month.
- Board Members participate and represent the organization at an Annual Gala.
- Board Members attend a one-day retreat each year.
- Board Members sometimes meet with people in the community who are interested in making donations.
- During the first three months, new Board Members complete an orientation, meet with a Board Mentor and attend several Board meetings. After the three-month trial period, new Board Members may agree to stay for a term of two years.

Please review our [Board Member webpage](#) to learn more about our Board of Directors and then get your application ready.