

# List of Food Resources in Multnomah County

Updated 10.22.25

## North Portland

- **Hand Up – The People’s Pantry**
  - o Located at the Q Center-4115 N Mississippi Ave Ste 5, Portland, OR, 97217
  - o Mondays and Tuesdays, 12pm – 4pm; 4<sup>th</sup> Saturday of the month, 10am- 1pm
  - o Can visit once per week
- **Hereford House Food Pantry**
  - o 7704 N Hereford Ave, Portland, OR, 97203
  - o Fridays and Saturdays 12pm –2pm
  - o Once per month
- **Mainspring Monthly Mobile Destination Food Pantry – Dawson Park Mobile Pantry**
  - o 1 N Stanton St, Portland, OR, 97227; Located across from the church
  - o 1<sup>st</sup> Tuesday of the month, 10am – 12pm
- **New Columbia Free Food Market**
  - o 4625 N Trenton St, Portland, OR, 97203
  - o Third Saturday of the month, 10am – 12pm
  - o Shopping- style food pantry, please bring own bags
- **Salvation Army Moore Street Corps**
  - o 5235 N Williams Ave, Portland, OR, 97217
  - o Wednesdays and Fridays, 9am- 1pm (arrive by 12:30pm)
  - o Walk-up services with pre-packaged food boxes or shopping-style client selection
  - o Can visit once per month
- **School Pantry at Clarendon**
  - o 9325 N Van Houten Ave, Portland, OR 97203
  - o Wednesdays, 12pm – 2pm
  - o Open to the public
  - o Shopping style pantry
- **School Pantry at Ockley Green**
  - o 6031 N Montana Ave, Portland, OR 97217
  - o Thursdays, 4:30pm – 5:30pm
  - o Located in the portables behind the school
- **School Pantry at Roosevelt High School**
  - o 6941 N Central St, Portland, OR 97203
  - o Mondays, 1:30pm – 3pm
  - o Open to the public, shopping style
- **St John’s Food Share**
  - o 8100 N Lombard St, Portland, OR, 97203
  - o Mondays and Fridays 10am – 4pm; Wednesdays 10am – 12pm
  - o No service area restrictions
  - o Shopping-style food pantry
- **St Vincent de Paul Holy Redeemer**
  - o 15 N Rosa Parks Way, Portland, OR, 97217

- Wednesdays and Saturdays  
2:30pm – 4pm
- **St Vincent de Paul Immaculate Heart**
  - 2926 N Williams Ave, Portland, OR
  - Tuesdays, 11am- 2pm
- **University Park ACS Food Pantry**
  - 4007 N Alaska St, Portland, OR, 97203
  - Food pantry, Wednesdays 5pm – 7pm
  - Free Food Market, First Friday of each month at 11am
- **Urban Gleaners Free Market, Humboldt Gardens Apartments**
  - 5033 N Vancouver Ave, Portland, OR, 97217
  - Thursdays, 9:30am – 10:30am
  - The market is held in the community room on the main level of the apartment building. This room can be accessed via the door on N Vancouver Ave, or through the parking lot on the west side of the building.
  - Please bring your own bags and arrive 10 – 15 minutes early, if possible
- **Urban Gleaners Free Market, Jefferson High School**
  - 5210 N Kerby Ave, Portland, OR, 97217
  - Fridays, 1pm – 3pm
  - The market is held outside under the covered area just SE of the school building, between the school and the baseball diamond. Shoppers can enter through the driveway on N Commercial Ave.

Lottery number distribution begins at 12:50

- Please bring your own bags and arrive 10 – 15 minutes early, if possible

- **PDX Free Fridge Locations:**

- Albina Fridge – N Albina between Bryant and Morgan
- Albina Hygiene and Safety Pantry – N Albina between Buffalo and Holland
- Arbor Lodge Mini Fridge – N Greeley Ave between Holman and Ainsworth St
- Boise Pantry – N Jessup St and N Haight Ave
- Piedmont Mini Fridge – N Albina Ave Between Russet St and Lombard St
- Poetree Pantry – N Dekum St and N Vancouver Ave
- Portsmouth Fridge - N Exeter Ave between N Cecelia St and N Fessenden St
- Portsmouth Pantry – N Chataqua Blvd between N Kilpatrick St and N Winchell St
- Portsmouth Fridge (Union Church) - N Lombard and Fiske
- Red House Fridge – N Albina and N Prescott
- Right to Dream Too Fridge – 999 N Thunderbird
- St John’s Pantry – N Reno Ave & N Syracuse Ave

- St John's Mini Fridge – N Kellogg St between N Buchanan Ave and N Burr Ave

## NE Portland

- **Allen Temple Food Pantry**
  - 4214 NE 8<sup>th</sup> Ave, Portland, OR, 97211
  - Service Area: between NE Broadway/Ainsworth to NE 42nd/N. Killingsworth
  - Wednesdays and Saturdays, 11am – 2pm (closed first Wednesday and Saturday of the month)
- **All Saints Catholic Church (SVdP)**
  - Call 503-235-8431
- **Community for Positive Aging Pantry (55+)**
  - Main food pantry, Tuesdays, 1:30pm – 2:30pm
  - 1820 NE 40<sup>th</sup> Ave, Portland, OR, 97212
  - Asian Food Pantry, 2<sup>nd</sup> Thursday of the month, 12pm – 2:30pm
    - Asian pantry requires registration
- **Equitable Giving Circle**
  - Food Distribution at Alder Commons, 4212 NE Prescott Blvd, Portland OR
  - Weekly market for BIPOC folks every Thursday 10am - 2pm
- **Highland Christian Center**
  - 7600 NE Glisan St, Portland, OR, 97213
  - Food Pantry, Fridays, 10am – 12pm

- Community Breakfast, Sundays, 9am – 10am
- **Love Our City**
  - 6120 NE 57<sup>th</sup> Ave, Portland, OR, 97218
  - Tuesdays, 11am - 12pm
  - Drive-through and walk-up food distribution
- **Mainspring Portland**
  - 3500 NE 82<sup>nd</sup> Ave, Portland, OR
  - Food Pantry, Thursdays 10am – 1pm
  - Clothing Pantry, Tuesdays and Thursdays, 10am - 1pm
- **Northeast Emergency Food Program**
  - 4800 NE 72<sup>nd</sup> Ave, Portland, OR, 97218
  - Thursdays and Saturdays, 9:30am – 12pm
  - Tuesdays, 4pm – 6:30pm (Spanish as the primary language)
  - Lottery style, self-service shopping experience
- **One HOPE Fellowship**
  - 5425 NE 27<sup>th</sup> Ave, Portland, OR 97211
  - 1<sup>st</sup>, 3<sup>rd</sup>, and 4<sup>th</sup> Saturdays, 11am - 12pm
- **Ortiz Center Free Food Market**
  - 6736 NE Killingsworth St, Portland, OR, 97218
  - First Wednesday of the month, 10am - 12pm
- **Rigler Elementary Free Food Market**
  - 5401 NE Prescott St, Portland, OR, 97218

- 3<sup>rd</sup> Friday of the month, 3pm – 4:30pm (Dec Market moved to 12/12)
- **School Pantry at McDaniel High**
  - 2735 NE 82<sup>nd</sup> Ave, Portland, OR 97220
  - Wednesdays 2pm – 3:30pm (public hours)
  - Shopping style food pantry
- **School Pantry at Woodlawn School**
  - 7200 NE 11<sup>th</sup> Ave, Portland, OR 97211
  - Wednesdays, 4:30pm - 5:30pm
  - Open to the public, shopping style
- **Sharon Community Services SDA**
  - Last two Saturdays of the month, 2pm – 4pm
  - 5209 NE 22<sup>nd</sup> Ave, Portland, OR, 97211
- **St Andrew Catholic Church (SVdP)**
  - 4940 NE 8<sup>th</sup> Ave, Portland, OR
  - Service Area: From I-5 east to NE 25th and from Ainsworth south to Shaver Street
  - Wednesdays, Thursdays, and Fridays, 9am – 1pm
  - Shopping-style food pantry
- **St Charles Catholic Church (SVdP)**
  - 5310 NE 42<sup>nd</sup> Ave, Portland, OR, 97218
  - Tuesdays, 4pm – 6pm; Saturdays, 10am - 12pm
  - Neighborhood Gleaners Program
    - Contact [gleaners@communityfpa.org](mailto:gleaners@communityfpa.org) or call 503-288-8303 to sign up
- **St Philip the Deacon Church**
  - 120 NE Knott St, Portland, OR 97212
  - 3<sup>rd</sup> and 4<sup>th</sup> Saturdays of the month, 11am – 12pm
  - Dine-in or grab and go lunch
- **St Rita Catholic Church (SVdP)**
  - 10029 NE Prescott St
  - Saturdays, 10am – 12pm
- **St Rose Catholic Church (SVdP)**
  - Call 503-235-8431
- **St Vincent de Paul Holy Rosary**
  - Call 971-533-8320
- **U.Me.Us Food Pantry**
  - 2830 NE Flanders St, Portland, OR, 97232
  - 2<sup>nd</sup>, 3<sup>rd</sup>, and 4<sup>th</sup> Sundays, 1:30pm – 3:30pm
- **Urban Gleaners Free Market, Woodlawn City Park**
  - 6854 NE Claremont Ave, Portland, OR, 97211
  - Saturdays, 12pm – 1pm
  - The market is held under the NE Claremont Ave bridge, between the playground and the splash pad in the center of the park.
  - Please bring your own bags and arrive 10 – 15 minutes early if possible
- **PDX Free Fridge Locations**
  - Alder Commons Pantry – Ne Prescott and 42<sup>nd</sup>
  - Concordia Fridge – NE Ainsworth and 24<sup>th</sup>
  - Cully Fridge – NE 73<sup>rd</sup> between Roselawn and Alberta

- Friends of Trees Fridge – NE MLK between Fargo and Monroe
- Irvington Mini Fridge – NE 7<sup>th</sup> between NE Fremont and Beech
- Open Signal Fridge – NE Graham between NE MLK and 7<sup>th</sup>
- The Sharing Shed Pantry – NE 49<sup>th</sup> between Halsey and Broadway
- Vernon Fridge – NE 15<sup>th</sup> and Emerson
- Woodlawn Fridge – NE 6<sup>th</sup> and Stafford

## SE Portland

### - **All Saints Episcopal Church Woodstock Food Pantry**

- 4033 SE Woodstock Blvd, Portland, OR, 97202
- Fridays and Saturdays, 12pm – 2pm
- Available to anyone in need of food
- Drive-through or walk-up pantry

### - **Ascension Catholic Church (SVdP)**

- 823 SE 76<sup>th</sup> Ave, Portland, OR, 97215
- Wednesdays, 5pm – 630pm; Thursdays, 2pm – 330pm

### - **City Team Ministries**

- 526 SE Grand Ave, Portland, OR, 97214
- 4<sup>th</sup> Saturday of the month, 12pm - 2pm

### - **Esther's Pantry**

- 10202 SE 32<sup>nd</sup> Ave, Ste 601, Milwaukie, OR 97222

- Mondays and Wednesdays, 1pm – 2pm
- Tuesdays and Thursdays, 2pm – 3pm
- Shopping style pantry, distribution capped at 40 households

### - **Francis Center Food Pantry**

- 6535 SE 82<sup>nd</sup> Ave, Portland, OR, 97266
- Monday – Thursday, 10am – 2pm
- One visit per month, unless houseless
- Please bring own bags if possible

### - **Groceries for Grout**

- 4028 SE 34<sup>th</sup> Ave, Portland, OR 97202
- Fridays, 12pm – 1pm
- Outdoor pantry, shopping style
- Available to everyone
- Please bring your own bags

### - **Holy Family Catholic Church (SVdP)**

- Call 503-235-8431

### - **Kellogg Middle School Free Food Market**

- 3400 SE 69<sup>th</sup> Ave, Portland, OR 97206
- 3<sup>rd</sup> Friday of the month, 3:30pm – 5pm
- Open to the public, please bring bags

### - **Our Lady of Sorrows Catholic Church (SVdP)**

- Call 503-235-8431

### - **Portland Open Bible Community Pantry**

- 3223 SE 92<sup>nd</sup> AVE, Portland, OR, 97266
- Food Box delivery available (sign up required)

- <https://www.pobcpantry.com/order-online>
  - Pantry Pickup, Tuesdays 5pm – 7pm; Thursdays 10am – 1pm
- **Rahab's Sisters**
  - 232 SE 80<sup>th</sup> Ave, Portland, OR, 97215
  - Services open to all women, trans, and nonbinary people
  - Community Gatherings on Fridays, 5pm – 8pm with free restaurant style dinner
  - Self-serve lunch, beverages, and social time on Wednesdays, 2pm - 4pm
- **School Pantry at Harrison Park Middle School**
  - 2225 SE 87<sup>th</sup> Ave, Portland, OR, 97216
  - Mondays, 3:15pm – 4:45pm
- **School Pantry at Kelly Elementary School**
  - 9015 SE Rural St, Portland, OR 97266
  - Wednesdays, 3pm – 4:30pm
  - Located between Kelly Elementary and Kelly Head Start buildings on 91<sup>st</sup> Ave
- **School Pantry at Lane Middle School**
  - Tuesdays 2:30pm – 4pm
  - Distribution at the back of the school
  - Shopping style pantry
- **St Ignatius Catholic Church (SVdP)**
  - Call 503-235-8431
- **St Mark's Lutheran Church**
  - 5415 SE Powell Blvd, Portland, OR, 97206
  - Fridays 2pm – 5pm
  - Shopping-style food pantry
- **St Peter Catholic Church (SVdP)**
  - 5905 SE 87<sup>th</sup> Ave, Portland, OR, 97266
  - Wednesdays and Saturdays, 10am - 11am
- **Urban Gleaners Free Market, Lents Park**
  - 4808 SE 92<sup>nd</sup> Ave, Portland, OR, 97266
  - Thursdays, 12pm - 2pm
  - Market is held in the parking lot on the corner of SE 88th Ave & SE Steele St, next to the community garden. Lottery numbers are handed out at 12:00 p.m. If you arrive after numbers have been handed out, there is still an opportunity to shop after everyone with a number has gone through, though the quantity and variety of food left at this point varies week to week.
  - Please bring your own bags and arrive 10 – 15 minutes early, if possible
- **Urban Gleaners Free Market, Mt Scott Park**
  - SE Ellis St and SE 74<sup>th</sup> St, Portland, OR, 97206
  - Tuesdays, 12:15pm – 2pm
  - Market is held on the corner of the park by SE Ellis St & SE 74th Ave. Lottery numbers are handed out at 12:15PM. If you arrive after numbers have been handed out, there is still an opportunity to shop

after everyone with a number has gone through, though the quantity and variety of food left at this point varies week to week.

- Please bring your own bags and arrive 10 – 15 minutes early, if possible

- **Urban Gleaners Free Market, Orchards of 82<sup>nd</sup>**

- 8118 SE Division St, Portland, OR, 97206
- Wednesdays, 9:15 am – 9:45 am
- The market is held inside the Orchards of 82nd building in the community room. The entrance is on the north side of the building, along SE Division St. Shoppers are allowed to wait in the main hallway. Once lottery numbers are handed out, several people at a time are allowed into the community room to shop.
- Please bring your own bags and arrive 10 – 15 minutes early, if possible

- **Urban Gleaners Free Market, Sunshine Shines Bright**

- 4120 SE International Way Ste A 113, Milwaukie, OR, 97222
- Thursdays, 1pm – 5pm
- The site can be found in the back of suite A113. There is a roll up door that will be open; this is where the Market can be found. There is ample parking directly behind the suite, and surrounding.

- Please bring your own bags and arrive 10 – 15 minutes early, if possible

- **PDX Free Fridge Locations:**

- Col Summers Park Pantry – SE 20<sup>th</sup> Ave and Yamhill
- Creston Mini Fridge – SE 49<sup>th</sup> Ave and Rhone St
- EARTH Space Pantry – SE 42<sup>nd</sup> and Gladstone
- Eastport Pantry – SE 83<sup>rd</sup> Ave between Schiller and Holgate
- Hawthorne – SE 29<sup>th</sup> and Gladstone St
- Kelly Street Pantry – SE Kelly St and 83<sup>rd</sup> Ave
- Lents (South) Fridge - SE 85<sup>th</sup> near Knapp
- Lents (I-205) Pantry – SE 94<sup>th</sup> and Duke
- Lents Park Pantry – SE 88<sup>th</sup> between SE Liebe and Steele
- Reed Pantry – SE Cesar Chavez near SE Steele
- Richmond Pantry – SE Tibbets and 49<sup>th</sup>
- Sellwood Pantry – SE 16<sup>th</sup> and Nehalem
- Sunnyside Pantry – SE Taylor between 42<sup>nd</sup> and 44<sup>th</sup>
- Tabor Mini Fridge – SE Stark and 75<sup>th</sup> Ave
- Woodstock (Giving Fence) Pantry – SE 50<sup>th</sup> and Woodstock

## SW Portland / Downtown

- **Clay St Table Pantry**
  - o 1314 SW Park Ave, Portland, OR, 97201
  - o Pantry open 4<sup>th</sup> Thursdays of the month, 11am – 12pm
  - o Open to everyone in need of food
  - o Also provides hot meals Thursday – Saturday evening through Operation Nightwatch
- **First Baptist EFB**
  - o 909 SW 11<sup>th</sup> Ave, Portland, OR, 97205
  - o Monday and Thursday, 2pm – 4pm
  - o Free hot meals, clothing, toiletries, and groceries as supplies allow
- **Free Food Market at PSU South Park Blocks**
  - o 2<sup>nd</sup> Monday of each month, 9:30am – 11am
  - o In the South Park Blocks behind Shattuck Hall, 1914 SW Park Ave, Portland, OR
  - o Please bring bags (bags not provided)
  - o Open to general public as well as PSU students and staff
- **Lift Urban Portland**
  - o 1838 SW Jefferson St, Portland, OR, 97201
  - o Thursdays and Fridays, 3pm – 6pm
  - o Arrive between 2pm and 2:25pm to participate in lottery system
  - o Additional hours for people experiencing mobility challenges or health conditions that require assistance while standing, waiting, or shopping on Tuesdays from 3pm – 6pm by appointment only (currently full)
    - Sign up for Tuesday waitlist through their website form
- **Neighborhood House**
  - o 3445 SW Moss St, Portland, OR, 97219
  - o Mondays and Wednesdays, 10am – 4pm (closed 12pm – 1pm); Thursdays 2pm - 6pm
  - o Delivery options available: <https://nhpdx.org/food-security>
- **New Avenues for Youth Downtown Drop-In Center (9–24-year-olds)**
  - o 820 SW Oak St, Portland, OR, 97205
  - o Monday – Friday, 9-10am, 1pm – 3pm, 330pm – 6pm
  - o Saturdays: 1pm – 3pm, 4pm – 6:30pm
  - o Meals served for first hour of each shift
- **Outside In Cafe (16–24-year-olds)**
  - o 1132 SW 13<sup>th</sup> Ave, Second Floor, Portland, OR, 97205
  - o Offers three healthy meals per day
  - o Showers, hygiene supplies, mail services, internet access, and laundry services also available
- **PACS Mobile Food Pantry – Tabernacle SDA Church**
  - o 26 SW Condor Way, Portland, OR, 97239
  - o 4<sup>th</sup> Thursday of the month, 4pm – 6pm
- **St Clare Catholic Church (SVdP)**
  - o Call 503-235-8431
- **St Luke Lutheran Church EFB**



- 2<sup>nd</sup> and Last Saturdays of the month, 2pm – 3pm
- 4595 SW California St, Portland, OR, 97219
- **The Pantry of Greater Portland**
  - 2374 SW Vermont St, Portland, OR, 97219
  - Saturdays, 1:30pm – 2:30pm
  - Please bring reusable bags if possible
- **Urban Gleaners Free Market, Stephen's Creek Crossing**
  - 6715 SW 26<sup>th</sup> Ave, Portland, OR, 97219
  - Sundays, 11am - 11:15am
  - The market is held in the community building on the southeast end of the apartment complex, at the end of SW 26th Ave. Shoppers gather outside of the community building, near the playground.
  - Please bring your own bags and arrive 10 – 15 minutes early, if possible
- **PDX Free Fridge Locations:**
  - West Portland Park Fridge – SW Huber between 40<sup>th</sup> and 35<sup>th</sup>

- Free meals (breakfast, lunch, dinner) in cafe-style environment
- Breakfast 6:30am – 7:25am; Lunch 11:30am – 12:25pm; Dinner 5pm-5:55pm
- **Portland Rescue Mission**
  - 111 W Burnside St, Portland, OR, 97209
  - Free meals (breakfast, dinner) 7 days a week
  - Breakfast 7am; Dinner 6pm
  - Also offers mail service, showers, clothing, and other resources
- **Urban Gleaners Market at Artist Mentorship Program**
  - 16 NW Broadway Blvd, Portland, OR, 97209
  - Mondays, 11am – 12pm
  - Please bring your own bags and arrive 10 – 15 minutes early if possible
- **William Temple House**
  - 2023 NW Hoyt St, Portland, OR 97209
  - Visit up to twice per month
  - Tuesdays, Wednesdays, and Thursdays, 11am – 2pm
    - Please arrive by 1:30pm
  - Shopping-style food pantry

## Gresham / East Portland /

## Fairview

- **Black Community Food Center / Food Pantry**
  - 4450 NE 131<sup>st</sup> St, Portland, OR 97230

## NW Portland / Downtown

- **Blanchet House**
  - 310 NW Glisan St, Portland, OR, 97209

- Wednesdays and Fridays, 2pm – 4:30pm; Thursdays 3pm - 6pm
- **Cherry Blossom Free Food Market**
  - 740 SE 106<sup>th</sup> Ave, Portland, OR 97216
  - 2<sup>nd</sup> Wednesday of the month, 8:30am – 10:30am
  - Open to anyone in need of food assistance
  - Please bring your own bags
- **Crossroads Food Bank**
  - 2407 NE 102<sup>nd</sup> Ave, Portland, OR, 97220
  - Thursdays, 9am – 12pm; Saturdays, 10am – 12pm
- **Davis Elementary School Free Food Market**
  - 19501 NE Davis St, Portland, OR 97230
  - 2<sup>nd</sup> Friday of the month, 2:30pm – 4pm
  - Shopping style, please bring your own bags
- **East County Food Pantry**
  - 2420 NE Fairview Ave, Fairview, OR, 97024
  - Saturdays, 10am – 12:30pm
  - Drive through or client choice
  - Please do not show up before 9:45am
- **Food for Families**
  - Distribution at Centennial High School
  - 3505 SE 182<sup>nd</sup> Ave, Gresham, OR, 97030
  - Distribution schedule 2025:
    - Wednesday 10/22/25, 4pm-5pm
    - Wednesday 11/12/25, 4pm-5pm
    - Wednesday 11/26/25, 4pm-5pm
    - Wednesday 12/10/25, 4pm-5pm
- **Highland Elementary School Free Food Market (El Programa HC)**
  - 295 NE 24<sup>th</sup> St, Gresham, OR, 97030
  - 2<sup>nd</sup> Wednesday of the month, 4pm – 5:30pm
  - Shopping style, please bring your own bags
- **Mainspring Monthly Mobile Destination Food Pantry – Victory Outreach**
  - 16022 SE Stark St, Portland, OR, 97233
  - 3<sup>rd</sup> Tuesday of the month, 10am – 12pm
  - Please bring own shopping bags and baskets
- **Mainspring Monthly Mobile Destination Food Pantry – East Portland Community Center**
  - 740 SE 106<sup>th</sup> Ave, Portland, OR, 97216
  - 2<sup>nd</sup> Wednesday of the month, 9am – 11am
  - Please bring own shopping bags and baskets
- **Mainspring Monthly Mobile Destination Food Pantry – Rockwood Village Apartments**
  - 783 SE 185<sup>th</sup> Ave, Portland, OR, 97233
  - 4<sup>th</sup> Tuesday of the month, 10am – 12pm

- Please bring own shopping bags and baskets
- **Metro Church of Christ**
  - 1525 NW Division St, Gresham, OR, 97030
  - Monday - Friday, 11am – 1pm
  - Food Boxes available in the west parking lot
- **New Avenues for Youth East Multnomah County Drop-In Center**
  - 470 SE 165<sup>th</sup> Ave, Portland, OR, 97233
  - Monday – Friday 10am – 6pm
- **PACS Mobile Food Pantry – Crosswalk Portland at Anthem Church**
  - 1415 NE 223<sup>rd</sup> Ave, Fairview, OR, 97024
  - 3<sup>rd</sup> Thursday of the month, 4pm – 6pm
- **PACS Mobile Food Pantry – Cumberland II**
  - 13115 SE Foster Rd, Portland, OR, 97236
  - 1<sup>st</sup> Tuesday of the month, 3:30pm – 5:30pm
- **PACS Mobile Food Pantry – Gresham Spanish SDA Church**
  - 223 SE Cleveland Ave, Gresham, OR, 97080
  - 2<sup>nd</sup> Thursday of the month, 4pm – 6pm
- **PACS Mobile Food Pantry – Rockwood CDC**
  - 18445 E Burnside St, Gresham, OR, 97233
  - 3<sup>rd</sup> Tuesday of the month, 3:30pm – 5:30pm
- **PACS Mobile Food Pantry – Rockwood / Wallace Building**
  - 124 NE 181<sup>st</sup> Ave, Portland, OR, 97230
  - 2<sup>nd</sup> Monday of the month, 4pm – 6pm
- **Portland Adventist Community Services (PACS)**
  - 11020 NE Halsey St, Portland, OR, 97220
  - Monday – Friday, 9am – 11am
  - Drive through and walk-up food boxes
  - Can visit once per month
- **Salvation Army Gresham Corps**
  - 473 SE 194<sup>th</sup> Ave, Gresham, OR, 97233
  - Emergency Food Assistance (3-4 days' supply), Monday – Thursday, 9am – 12pm
    - Please bring a piece of mail dated within the last 30 days
  - Free Food Market, 1<sup>st</sup> Wednesday of the month, 9am – 11am
  - Wednesday Night Family Program, Wednesdays at 6pm
    - Dinner, followed by interactive activities for kids, youth, and adults
  - Service Area: 97004, 97009, 97010, 97011, 97013, 97015, 97022, 97023, 97024, 97027, 97030, 97042, 97055, 97060, 97236, 97080, 97230, 9723
- **Santa Cruz Free Food Market**
  - 507 W Powell Blvd, Gresham, OR, 97030

- 2<sup>nd</sup> and 4<sup>th</sup> Thursday of the month, 10am – 12pm (cancelled for 10/23/25)
- Drive through, open to anyone in need of assistance
- **SnowCap**
  - 17805 SE Stark St, Portland, OR, 97233
  - Monday – Friday 10am – 2pm; Mondays and Wednesdays 6pm - 8pm
  - Service Area: Multnomah County, east of 82<sup>nd</sup> Ave
  - Distributes pre-packaged food boxes
  - Food is provided outside the front doors, please dress according to the weather
  - Up to two visits per month through December 2025
  - Clothing also available with appointment (call 503-674-8785 to schedule)
- **Urban Gleaners Free Market, Alder Elementary**
  - 17200 SE Alder St, Portland, OR, 97233
  - Wednesdays, 2:30pm – 4pm
  - Market takes place outside of the school in the parking lot next to the community garden off SE Alder St, on the west side of the building
  - Please bring your own bags and arrive 10-15 minutes early if possible
- **Urban Gleaners Free Market, Cherry Park Elementary**
  - 1930 SE 104<sup>th</sup> Ave, Portland, OR, 97216
  - Open every other Monday (11/3, 11/17, 12/1, 12/15) 3:30pm – 5pm
  - The market is at the back of Cherry Park Elementary. Can be accessed by going south on 106th from SE Market. On the west side of SE 106th, across from Cherry Park the park
  - Please bring your own bags and arrive 10 – 15 minutes early if possible
- **Urban Gleaners Free Market, David Douglas High School**
  - 1500 SE 130<sup>th</sup> Ave, Portland, OR, 97233
  - Thursdays, 3pm – 4:30pm
  - The market is held outside the David Douglas Aquatics Center. The parking lot can be accessed via SE Taylor Ct, off SE 130th Ave. The market takes place along the north side of the aquatics center building
  - Please bring your own bags and arrive 10 – 15 minutes early if possible
- **Urban Gleaners Free Market, East Portland Community Center**
  - 740 SE 106<sup>th</sup> Ave, Portland, OR, 97216
  - Fridays, 2:15pm – 3:15pm
  - Market is in the Multipurpose Room 3 which is down the hallway left of the front desk from when you enter the main entrance on SE 106th Ave. There are chairs in the

hallway for community members to sit while waiting

- Please bring your own bags and arrive 10 – 15 minutes early if possible

- **Urban Gleaners Free Market, Rockwood Station**

- 19100 E Burnside St, Portland, OR, 97233
- Saturdays, 1:30pm – 2:30pm
- The market is in the community building on the north side of the apartment complex, closest to E Burnside. The building is one floor and has a red roof.
- Please bring your own bags and arrive 10 – 15 minutes early if possible

- **Sunshine Division**

- 12436 SE Stark St, Portland, OR, 97233
- Tuesday – Friday, 9am – 12pm and 1pm – 4pm; Saturdays, 9am – 1pm
- Food boxes
- Make an appointment at <https://sunshinedivision.org/appointments/>
- Walk-ins welcome as space allows, please bring ID if possible

- **School Pantry at Alder Elementary**

- 17200 SE Alder St, Portland, OR, 97233
- Wednesdays, 2:30pm – 4pm
- Outside, shopping style pantry

- **School Pantry at Earl Boyles Elementary**

- 10822 SE Bush St Portland OR 97266

- Tuesdays, 4pm – 5pm
- Open to the public, shopping style
- Please bring bags if possible

- **School Pantry at East Gresham Elementary (El Programa HC)**

- 900 SE 5<sup>th</sup> St, Gresham, OR 97080
- 1<sup>st</sup> and 3<sup>rd</sup> Tuesdays, 4pm – 5:30pm
- Open to the public
- Entrance for the food pantry is on east side of the school, between East Gresham and Dexter McCarty
- Please bring your own bags

- **School Pantry at Floyd Light Middle School (El Programa HC)**

- 10800 SE Washington St, Portland, OR 97216
- 2<sup>nd</sup> and 4<sup>th</sup> Mondays of the month, 4pm – 5:30pm
- Open to the public
- Please bring your own bags

- **School Pantry at Gilbert Park Elementary**

- 13132 SE Ramona St, Portland, OR 97236
- Wednesdays, 4pm – 5pm
- Pantry located in gym building by the playground, SE of main school entrance

- **School Pantry at Glenfair Elementary**

- 15300 NE Glisan St, Portland, OR 97230
- Tuesdays, 3pm – 4:30pm
- Open to the public
- Outdoor, shopping style distribution

- **School Pantry at Mill Park**

- 1900 SE 117<sup>th</sup> Ave, Portland, OR 97216

- Tuesdays, 4pm – 5:15pm
- Open to public, please bring bags
- Distribution located in the cafeteria
- **School Pantry at Menlo Park**
  - 12900 NE Glisan St, Portland, OR, 97230
  - Thursdays, 2pm – 3:30pm
  - Open to the public, shopping style
- **School Pantry at Parklane School**
  - 15811 SE Main St, Portland, OR 97233
  - Fridays, 12pm – 1:30pm
  - Distribution in front of the school under canopies along sidewalk near bus lane
- **School Pantry at Parkrose Middle School**
  - 11800 NE Shaver St, Portland, OR 97220
  - Thursdays, 4pm – 5:30pm
  - Open to the public, shopping style
- **School Pantry at Patrick Lynch**
  - 1546 SE 169<sup>th</sup> Pl, Portland, OR 97233
  - Tuesdays, 4pm – 5pm
  - Shopping style pantry, located in the school cafeteria
- **School Pantry at Reynolds Middle School**
  - 1200 NE 201<sup>st</sup> Ave, Fairview, OR, 97024
  - Fridays, 2:30pm – 4pm
  - Open to the public, shopping style
  - Distribution on the east side of campus, just north of the swimming pool, across from the track
- **School Pantry at Shaver Elementary**
  - 3701 NE 131<sup>st</sup> Place, Portland, OR 97230
  - Friday, 2:30pm – 4pm
  - Open to the public
  - Walk-up, shopping style pantry
- **St Anne Catholic Church (SVdP)**
  - 1015 SE 182<sup>nd</sup> Ave, Gresham, OR, 97233
  - Wednesdays, 9am – 11am, 6pm – 8pm
- **St Henry Catholic Church (SVdP)**
  - 346 NW 1<sup>st</sup> St, Gresham OR
  - Tuesdays and Saturdays, 9:30 am – 12 pm, except 4<sup>th</sup> Saturday
- **St Joseph the Worker Catholic Church (SVdP)**
  - 2310 SE 148<sup>th</sup> Ave, Portland, OR, 97233
  - Saturdays, 10am - 12pm
- **Wilkes Elementary School Free Food Market**
  - 17020 NE Wilkes Rd, Portland, OR 97230
  - 1<sup>st</sup> Thursday of the month, 3pm – 4:30pm
  - Shopping style, please bring your own bags
- **Zarephath Pantry**
  - 59 NW Ava Ave, Gresham, OR 97030
  - Thursdays, 10am – 1pm
  - Premade food bags plus food items per client request
  - Located at the NE corner of Eastman Parkway and Powell Blvd
  - Please bring bags

- **PDX Free Fridge Locations:**

- Parkrose Pantry: NE 111th Ave and Tillamook
- Lents (North) - SE 99<sup>th</sup> and Pardee
- Little Red House – SE 179<sup>th</sup> and Washington

## All Areas

- **Lasagna Love**

- Program connecting volunteer lasagna chefs to individuals and families in need
- Sign up at <https://lasagnalove.org/request-a-meal/>

- **Milk Crate Kitchen**

- Milkcratekitchen.org
- Cooks and delivers food to families
- Sign up on website
- Occurs twice per month, signup occurs on Wednesdays between 9:30am and 10am

- **Sunshine Division Food Boxes**

- Limited availability for delivery
- Sign up at <https://sunshine-division.hoodtocoast.com/>

- Partner Businesses include Mud Bay Timberland, Mud Bay Hawthorne, Natural Pet Food Solutions, and Salty's Pet Supply

- **FIDO Pet Food Bank**

- 14186 Fir Street, Oregon City, OR 97045
- 3<sup>rd</sup> Saturday of the month, 9am – 2pm, arrive by 1:45pm
- Wednesdays 9am- 12pm by appointment only (call 403-655-3663)
- Please fill out the application form provided at <https://fidoanimeals.org/post-2/> before your first visit
- Priority given to spayed/neutered pets
- FIDO does not provide food for purchased animals, animals used for breeding, or feral cat colonies

- **Multnomah County Animal Services**

- 1700 W Historic Columbia River Highway, Troutdale, OR 97060
- Monday, Tuesday, Thursday, and Friday, 11am – 5:30pm
- Wednesday, Saturday, and Sunday, 11am – 4:30pm
- Community members in need of pet food support may visit the shelter to pick up a bag of food on the community assistance shelf in the lobby

- **PAW Team**

- 1718 NE 82<sup>nd</sup> Ave, Portland, OR 97220
- Tuesday – Thursday, 10am - 3pm
- Pet food and supply bank

## Resources for Pets

- **Animal Aid PDX**

- Partners with businesses and outreach teams to provide better access to essential animal care supplies

- Guests are welcome to visit the supply bank once per month

- **Pongo Fund**

- 3632 SE 20<sup>th</sup>, Portland, OR 97202
- An appointment is required for your first visit – please call 503-939-7555 at least seven days in advance of the next scheduled food bank
- Food Banks typically occur the 4<sup>th</sup> Sunday of each month, except when holidays or other circumstances require an alternate date

- **Snowcap**

- 17805 SE Stark St, Portland, OR, 97233
- Monday – Friday 10am – 2pm;  
Mondays and Wednesdays 6pm - 8pm
- Service Area: Multnomah County, east of 82<sup>nd</sup> Ave

- **Sunshine Division**

- 12436 SE Stark St, Portland, OR, 97233
- Tuesday – Friday, 9am – 12pm and 1pm – 4pm; Saturdays, 9am – 1pm