



Foundations of Trauma-Informed Care

Free online training
8 Continuing Education Units (CEUs)



This training offers the frameworks, tools, and skills needed to provide people living with behavioral health concerns excellent care based on our backgrounds and first-hand knowledge.

When:

January 8, 15, 22, and 29, 2026

Who it's for:

Peer support professionals and Peer Wellness Specialists

Facilitators:

Haven Taylor, Rhea Wolf.
Seasoned peer providers who bring first-hand knowledge and experience to their advocacy work and understanding of TIC.

Topics:

- Understanding stressful experiences and their prevalence
- The neuroscience behind managing and healing from painful experiences
- Workplace practices, workforce support, organizational structures, and systems change toward person-centered care

To register, scan the QR code or visit:

CASCADIAHEALTH.ORG/PEER-TRAININGS

