



Self-Pay Update & Common Service Costs

Starting **July 6, 2026**, Self-Pay costs are changing.

Below are common services with updated costs based on each Self-Pay tier.

	Self-Pay 1	Self-Pay 2	Self-Pay 3	Self-Pay 4	Self-Pay 5
Primary Care Visit	\$20	\$25	\$30	\$35	Full Fee
Mental Health Visit	\$30	\$35	\$40	\$45	Full Fee
Psychiatry Visit	\$30	\$35	\$40	\$45	Full Fee
Addiction Treatment	\$30	\$35	\$40	\$45	Full Fee

**Medications, vaccines, and laboratory services are provided at cost and in addition to the above visit rates.*

Cascadia Health accepts most insurance types. This includes Oregon Health Plan (Medicaid) and private insurance. Whether or not you have insurance, you may qualify for discounts based on family size and income. These discounts are through our Self-Pay program. Visit www.CascadiaHealth.org/self-pay to find your Self-Pay discount tier.